

# TENNIS

REGISTER ONLINE AT: [HTTPS://WEB2.VERMONTSYSTEMS.COM/NICOLET.HTML](https://web2.vermontsystems.com/nicolet.html)

This professionally designed six-week program begins the week of June 12th and runs through July 20th. These structured tennis lessons have an emphasis on developmental skills, fitness, and fun! All skill levels are welcome and are taught by an experienced staff, including current collegiate players and certified teachers. Coach Koppa and his family have a passion for the sport of tennis. Together they have created a recreation program that builds a love for lifelong tennis skills. Each program is 50 minutes in length and is held at the Glen Hills Middle School tennis courts. Participants are encouraged to bring their own racket, water, and a good attitude! Lessons may be canceled due to inclement weather and may not be rescheduled. Refunds are not issued due to weather conditions.

**Date:** June 12 - July 20 (skip 7/3, 7/4)  
**Day:** Mondays - Thursdays  
**Location:** Glen Hills Middle School - Tennis Courts  
**Fee:** \$190.00R/\$210.00NR  
**Min/Max:** 5/30

<b>Level:</b>	<b>Time:</b>	<b>Program#:</b>
Pee Wee	10:00 - 10:50am	311020-01
Pee Wee	11:00 - 11:50am	311020-02
Beginner	10:00 - 10:50am	311020-03
Beginner	11:00 - 11:50am	311020-04
Advanced Beginner	11:00 - 11:50am	311020-05
Advanced Beginner	12noon - 12:50pm	311020-06
Intermediate	11:00 - 11:50am	311020-07
Intermediate	12noon - 12:50pm	311020-08

## CLASSIFICATION

**PEE WEE:** STRICTLY AGE 4-6 YEARS.

**BEGINNER (7-14 YEARS OLD):** HAS BASIC MOTOR SKILLS AND IS STRONG ENOUGH TO BEGIN ADVANCE STROKES AND STRATEGY.

**ADVANCE BEGINNER (7-14 YEARS OLD):** STROKES ARE PROFICIENT BUT NOT CONSISTENT. THIS PLAYER SHOWS INTEREST IN COMPETITION.

**INTERMEDIATE (7-14 YEARS OLD):** STROKES ARE MORE CONSISTENT AND PLAYER IS INTERESTED IN MATCH PLAY.

## TIM KOPPA - INSTRUCTOR

COACH KOPPA HAS BEEN THE HEAD BOYS AND GIRLS TENNIS COACH AT NICOLET FOR THE LAST 27 YEARS. HE HAS BEEN A WELLNESS TEACHER AT NICOLET FOR THE LAST 25 YEARS. COACH KOPPA TAKES GREAT PRIDE IN HIS LOW TEACHER TO STUDENT RATIO. IT CREATES A SAFE LEARNING ENVIRONMENT FOR ALL ATHLETES. MANY NICO LET TENNIS STARS HAVE STARTED THROUGH THIS PROGRAM. "WHY PAY ELITE COUNTRY CLUB RATES FOR A LESSER EXPERIENCE?" ~COACH TIM KOPPA

## SAMI KOPPA - INSTRUCTOR

SAMI HAS BEEN INVOLVED WITH TENNIS FOR THE MAJORITY OF HER LIFE. SHE HAS JUST COMPLETED HER FIRST YEAR TEACHING AT STORMONTH ELEMENTARY SCHOOL AS A SECOND GRADE TEACHER. SAMI PLAYED COLLEGIATE TENNIS AT UW-OSHKOSH. SHE HAS INSTRUCTED TENNIS LESSONS FOR PEOPLE OF ALL AGES AND SKILL RANGES. OVER THE PAST EIGHT YEARS, SAMI HAS DEVELOPED A UNIQUE PROGRAM FOR COACHING PEEWEES THE BASICS. ONE OF HER FAVORITE THINGS ABOUT TENNIS IS THAT ANYONE CAN LEARN TO PLAY!

## EMMA KOPPA - INSTRUCTOR

EMMA GRADUATED FROM NICOLET HIGH SCHOOL IN 2019, WITH A DOUBLES STATE TITLE. EMMA IS CURRENTLY A STUDENT-ATHLETE PLAYING TENNIS AT LAWRENCE UNIVERSITY IN APPLETON, WI. FOR THE PAST SIX YEARS, EMMA HAS BEEN TEACHING AND INSTRUCTING TENNIS FOR THE KOPPA TENNIS ACADEMY. EMMA RECEIVED 1ST TEAM ALL CONFERENCE HONORS IN DOUBLES THIS YEAR.

## QUESTIONS?

TIM KOPPA

(414) 852-4563

[TIM.KOPPA@NICOLET.US](mailto:TIM.KOPPA@NICOLET.US)

**PRIVATE TENNIS LESSONS & PRIVATE DRILLS  
ALSO AVAILABLE.**

**FOR MORE INFORMATION PLEASE CALL TIM KOPPA AT  
(414) 852-4563**

## KOBE HOLDREN - INSTRUCTOR

KOBE HAS BEEN INVOLVED WITH TENNIS AND ATHLETICS ALMOST ALL OF HIS LIFE. HE WORKED WITHIN THE GLENDALE SCHOOL DISTRICT THIS LAST YEAR AS A PARAPROFESSIONAL. KOBE ALSO COACHED AT NICOLET SERVING AS THE GIRLS JV TENNIS COACH AND OSHKOSH NORTH HIGH SCHOOL AS THE VARSITY HEAD COACH. KOBE HAS GIVEN LESSONS IN PICKLEBALL, LEARNING FROM SOME OF THE BEST COACHES ON THE WEST COAST.



**Nicolet Recreation Department**  
6701 N. Jean Nicolet Rd.  
Glendale, WI 53217



<https://www.nicolet.us/page/nicolet-recreation-department>

**Phone: (414) 351-7566**  
**Fax: (414) 351-4053**



## CARDIO TENNIS FOR ADULTS

Cardio Tennis is a high energy fitness activity that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout. It is a very social and fun class for players of all ability levels.

<b>Day:</b>	Mondays - Thursdays	<b>Session:</b>	<b>Date:</b>	<b>Fee:</b>	<b>Program#:</b>
<b>Time:</b>	12:00 - 12:50pm	I	June 12 - 22	\$120.00R/\$140.00NR	331020-01
<b>Location:</b>	Glen Hills Middle School - Tennis Courts	II	June 26 - July 6*	\$90.00R/\$100.00NR	331020-02
<b>Min/Max:</b>	5/8	III	July 10 - July 20	\$120.00R/\$140.00NR	331020-03
<b>Instructor:</b>	Tim Koppa	IV	June 12 - July 20*	\$300.00R/\$340.00NR	331020-04
			*skip 7/3 & 7/4		

### ADULT BEGINNER TENNIS LESSONS

Whether this is your first time playing tennis or you haven't played in years this class is for you! Come join the fun and learn how to play the game and develop your strokes under the instruction of Nicolet Head Tennis Coach Tim Koppa.

<b>Date:</b>	June 12 - July 24 (skip 7/3)
<b>Day:</b>	Mondays
<b>Time:</b>	6:00 - 7:00pm
<b>Location:</b>	Glen Hills Middle School - Tennis Courts
<b>Fee:</b>	\$90.00R/\$100.00NR
<b>Program#:</b>	331021-01
<b>Min/Max:</b>	4/30
<b>Instructor:</b>	Tim Koppa

### INTERMEDIATE ADULT TENNIS LESSONS/DRILL

This drill is for adult players at around the 2.5-3.5 level. If you don't know your rating that is ok. You should know how to score and had lessons previously. This is not a beginner drill. It will be an hour of fast paced drilling and match play at the end. If you have questions please feel free to contact me. [tim.koppa@nicolet.us](mailto:tim.koppa@nicolet.us)

<b>Date:</b>	June 12 - July 24 (skip 7/3)
<b>Day:</b>	Mondays
<b>Time:</b>	7:00 - 8:00pm
<b>Location:</b>	Glen Hills Middle School - Tennis Courts
<b>Fee:</b>	\$90.00R/\$100.00NR
<b>Program#:</b>	331022-01
<b>Min/Max:</b>	6/20
<b>Instructor:</b>	Tim Koppa



### BEGINNER PICKLEBALL LESSONS

This class is for first time pickleball players. Come join the fun and learn how to play the game and develop your strokes under the instruction of the Nicolet tennis staff. The class will be divided between instruction and play.

<b>Location:</b>	Glen Hills Middle School - Tennis Courts
<b>Min/Max:</b>	4/30
<b>Instructor:</b>	Kobe Holdren and Tim Koppa

<b>Session:</b>	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Program#:</b>
I	June 12 - July 19	Mondays & Wednesdays (skip 7/3)	9:00 - 10:00am	\$165.00R/\$185.00NR	331023-01
II	June 14 - July 19	Wednesdays	6:00 - 7:00pm	\$90.00R/\$100.00NR	331023-02

### PICKLEBALL LADDERS

This competitive hour and a half is for the advanced pickleball players. Ladders are a blast. They are a great way to meet new players and improve match playing skills. The first part of the time together will be spent warming up and developing knowledge of match play. The rest of time will be spent playing competitively, by competing against various opponents. Join the fun of pickleball matches today!

<b>Date:</b>	June 14 - July 19
<b>Day:</b>	Wednesdays
<b>Time:</b>	6:00 - 7:30pm
<b>Location:</b>	Glen Hills Middle School - Tennis Courts
<b>Fee:</b>	\$135.00R/\$165.00NR
<b>Program#:</b>	331024-01
<b>Min/Max:</b>	4/30
<b>Instructor:</b>	Kobe Holdren and Tim Koppa

### INTERMEDIATE PICKLEBALL LESSONS

Players should know how to score and have the ability to play matches. Players should have prior experience playing competitively. This is not a beginner lesson but it is not advanced either. We will drill and play. We will work on taking your game to the next level. Email me with questions: [tim.koppa@nicolet.us](mailto:tim.koppa@nicolet.us)

<b>Date:</b>	June 13 - July 20 (skip 7/4)
<b>Day:</b>	Tuesdays & Thursdays
<b>Time:</b>	9:00 - 10:00am
<b>Location:</b>	Glen Hills Middle School - Tennis Courts
<b>Fee:</b>	\$165.00R/\$185.00NR
<b>Program#:</b>	331025-01
<b>Min/Max:</b>	4/30
<b>Instructor:</b>	Kobe Holdren and Tim Koppa

